

This institution is an equal opportunity provider

St. James Parish Schools

Monday

Holiday
French Toast Sticks
Syrup
Fruit Choice
Juice Choice
Milk Choice 8 oz.

Holiday
Cereal
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

Option: Pop Tarts or Cereal Bar

Pancake & Sausage Sandwich
Syrup
Fruit Choice
Juice Choice
Milk Choice

Tuesday

Holiday
Cinnamon Rolls
Juice Choice
Fruit Choice
Milk Choice

Muffin
Fruit Choice
Juice Choice
Milk Choice

WG Pancakes
Syrup
Juice Choice
Fruit Choice
Milk Choice

Donuts Mini Bites
Juice Choice
Fruit Choice
Milk Choice

Wednesday

Admin. Day
All Staff
Scrambled Eggs
Grits
Fruit Choice
Juice Choice
Milk Choice

WG Biscuit
Turkey Sausage
Fruit Choice
Juice Choice
Milk Choice

Scrambled Eggs w cheese cup
Tortilla Flour
Salsa
Fruit Choice
Juice Choice
Milk Choice

Cereal
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

Option: Pop Tarts or Cereal Bar

Thursday

No
Students
Cereal
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

Option: Pop Tarts or Cereal Bar

Cereal
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

Option: Pop Tarts or Cereal Bar

Belgium Waffles
Syrup
Juice Choice
Fruit Choice
Milk Choice

Option: Waffles

Friday

Pancake & Sausage Sandwich
Syrup
Fruit Choice
Juice Choice
Milk Choice

Turkey Sausage & Cheese Pizza
Fruit Choice
Juice Choice
Milk Choice

Pancake & Sausage On Stick
Syrup
Fruit Choice
Juice Choice
Milk Choice

WG Biscuit
Chicken Patty
Fruit Choice
Juice Choice
Milk Choice

High School daily choices includes cereal, pastries, etc.

Menus are subject to change

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Monday

Holiday

Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (HS)
WG Golden Cornbread
Milk Choice

Holiday

Chicken or Pork Stew
Steamed Rice
Steamed Garlic Broccoli
Sweet Potatoes
Fresh Banana
Chilled Pears (HS)
WG Roll
Milk Choice

Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (HS)
WG Golden Cornbread
Milk Choice

Tuesday

Holiday

Chicken Fajitas Tacos
W Cheese Shredded
Tortilla Flour or Hard Shell
Lettuce / Tomato
Sunset Sip Juice/Graham Crackers
Seasoned Corn / Salsa
Grapes /Strawberries (HS)
Milk Choice

White Beans w Ham
Steamed Rice
Steamed Cabbage
Sweet Potatoes
Sliced Peaches
Fresh Fruit Choice (HS)
WG Golden Cornbread
Milk Choice

Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Fresh Fruit Choice
Chilled Peaches
WG Bread Stick
Milk Choice

Beef Tacos
W Cheese Shredded
Tortilla Flour or Hard Shell
Lettuce / Tomato
Sunset Sip Juice/Graham Crackers
Seasoned Corn / Salsa
Grapes /Strawberries (HS)
Milk Choice

Wednesday

**Admin. Day
All Staff**

Hot Dogs w/ Chili
or Sloppy Joe
French Fries
Baked Beans
Fresh Fruit Apples
Chilled Peaches (HS)
Choice of Baked Chips
Milk Choice

BR Chicken Pattie
WG Bun
Lettuce /Tomato/ Pickle
Potato Rounds/Carrot Sticks dip
Fresh Apple Half/Pears (HS)
Cookie / Milk Choice

Hamburger / WG Bun
Lettuce /Tomato/ Pickle
Potato Rounds/Carrot Sticks w dip
Chilled Fresh Apple Half
Pears(HS) Cookie
Milk Choice

Baked Chicken
Seasoned Rice
Seasoned Green Beans
Carrot Sticks W Dip
WG Roll
Chilled Orange
Mixed Fruit
Milk Choice

Thursday

\$333 Day

Baked Chicken
Seasoned Rice
Seasoned Green Beans
Carrot Sticks W Dip
WG Roll
Chilled Orange
Mixed Fruit
Milk Choice

Chicken/Sausage Gumbo
Steamed Rice
Potato Salad
Broccoli Florets w Dip
Orange Whole
Chilled Mixed Fruit (HS)
WG Crackers/ Milk Choice

Chicken/ Pork/ Sausage Jambalaya
White Beans
Seasoned Greens
Chilled Watermelon
Chilled Pears (HS)
WG Roll
Milk Choice

Friday

Chicken/ Pork/ Sausage Pastalaya
California Blend
Seasoned Greens
Chilled Peaches
Chilled Pears (HS)
WG Roll
Milk Choice

Breaded Chicken Nuggets
Macaroni & Cheese
Popeye Salad w Tom.
Steamed Mixed Vegetables
Chilled Mixed Fruit
Chilled Fruit Choice (HS)
WG Roll
Milk Choice

Spaghetti w Meat Sauce
Popeye Salad w Shredded Carrots
Seasoned Corn
WG Bread Sticks
Fresh Fruit Choice (HS)
Applesauce
Milk Choice

Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape
Apple (HS)
Graham Crackers
Milk Choice

High Schools daily choices include parfaits, personal pan pizza, salad choice and sandwiches choice.
Menus are subject to change