

FEBRUARY 2024

St. James Parish Schools

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Monday



White Beans w Ham Steamed Rice Steamed Cabbage Sweet Potatoes Sliced Peaches Fresh Fruit Choice (HS) WG Golden Cornbread Milk Choice

Tuesday



Spaghetti w Meat Sauce
Popeye Salad w Shredded Carrots
Seasoned Corn
WG Bread Sticks
Fresh Fruit Choice (HS)
Applesauce
Milk Choice

Wednesday



BR Chicken Pattie /WG Bun
Lettuce /Tomato/ Pickle
Potato Rounds/Carrot Sticks w dip
Fresh Apple Half
Chilled Pears
Cookie
Milk Choice 8 oz.

Thursday

Hot Dogs w/ Chili
or Sloppy Joe
French Fries
Baked Beans
Fresh Fruit Apples
Chilled Peaches (HS)
Choice of Baked Chips
Milk Choice

Chicken/Sausage Gumbo Steamed Rice Potato Salad Broccoli Florets w Dip Orange Whole Chilled Mixed Fruit (HS) WG Crackers/ Milk Choice **Friday**

Breaded Chicken Nuggets
Macaroni & Cheese
Popeye Salad w Tom.
Steamed Mixed Vegetables
Chilled Mixed Fruit
Chilled Fruit Choice (HS)
WG Roll
Milk Choice

Corn Dog
Savory Onion Rings
Baked Beans / Satsuma
Fresh Fruit Choice (HS)
Graham Crackers
Milk Choice
Optional: Mini Corn Dogs

16

Holiday

5

12

26

Holiday

13

Holiday

14

21

28

Holiday

15

22

Holiday

Hamburger / WG Bun Lettuce /Tomato/ Pickle Potato Rounds/Carrot Sticks w dip Chilled Fresh Apple Half Pears(HS) Cookie Milk Choice

Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (HS)
WG Golden Cornbread
Milk Choice

Chicken/ Pork/ Sausage Jambal White Beans Seasoned Greens Chilled Cantaloupe

Chilled Cantaloupe Chilled Pears (HS) WG Roll Milk Choice

Beef Tacos
W Cheese Shredded
Tortilla Flour or Hard Shell
Lettuce / Tomato
Sunset Sip Juice/Graham Crackers
Seasoned Corn / Salsa
Grapes /Strawberries (HS)
Milk Choice

Beef-a-Roni Popeye Salad Seasoned Green Beans Chilled Mixed Fruit Chilled Peaches (HS) WG Bread Stick Milk Choice

BBQ Chicken Seasoned Rice Seasoned Green Beans Carrot Sticks W Dip WG Roll Chilled Orange Mixed Fruit Meatballs Stew Steamed Rice Steamed Garlic Broccoli Sweet Potatoes Fresh Banana Chilled Pears WG Roll Milk Choice

Hot Dogs w/ Chili or Sloppy Joe French Fries Baked Beans Fresh Fruit Apples Chilled Peaches (HS) Choice of Baked Chips Milk Choice Cheese Pizza
Steamed Corn

Dark Green Salad w Dressing
Red Grapes
Applesauce (HS)
Graham Crackers
Milk Choice



Milk Choice

