



BREAKFAST

DECEMBER 2023

K – 12 Grade

This institution is an equal opportunity provider

St. James Parish Schools

Monday

Tuesday

Wednesday

Thursday

Friday



Pancake & Sausage Sandwich
Syrup
Fruit Choice
Juice Choice
Milk Choice

French Toast Sticks
2 G/Syrup
Fruit Choice ½ c/ Juice ½ c
Milk Choice 8 oz.

Turkey Sausage & Cheese Pizza
Fruit Choice
Juice Choice
Milk Choice

Cereal
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice

Option: Pop Tarts or Cereal Bar

Cinnamon Rolls 2 G
Juice Choice 1/2c
Fruit Choice ½ c
Milk Choice 8 oz.

Biscuit 2 G/Chicken Patty 1G
Fruit Choice ½ c
Juice Choice ½ c
Milk Choice 8 oz.

Cereal
Graham Crackers
Fruit Choice
Juice Choice
Milk Choice
Option: Pop Tarts or Cereal Bar

Scrambled Eggs w cheese cup
Tortilla Flour
Salsa
Fruit Choice
Juice Choice
Milk Choice

Belgium Waffles
Syrup
Juice Choice
Fruit Choice
Milk Choice
Option: Waffles

WG Cinnamon Toast
Juice Choice
Fruit Choice
Milk Choice

WG Pancakes
Syrup
Juice Choice
Fruit Choice
Milk Choice

Christmas
Holiday

Christmas
Holiday

Christmas
Holiday

Christmas
Holiday

Christmas
Holiday

Christmas
Holiday

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Menus are subject to change
High School daily choices includes cereal, pastries, etc.





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Monday

Tuesday

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Thursday

Friday

4

White Beans w Ham
Steamed Rice
Steamed Cabbage
Sweet Potatoes
Sliced Peaches
Fresh Fruit Choice (HS)
WG Golden Cornbread
Milk Choice

5

BR Chicken Pattie
WG Bun
Lettuce /Tomato/ Pickle
Potato Rounds/Carrot Sticks dip
Fresh Apple Half/Pears (HS)
Cookie / Milk Choice

6

Chicken/Sausage Gumbo
Steamed Rice
Potato Salad
Broccoli Florets w Dip
Orange Whole
Chilled Mixed Fruit (HS)
WG Crackers/ Milk Choice

7

Spaghetti w Meat Sauce
Popeye Salad w Shredded Carrots
Seasoned Corn
WG Bread Sticks
Fresh Fruit Choice (HS)
Applesauce
Milk Choice

1

Breaded Catfish Strips
Macaroni & Cheese
Popeye Salad w Tom.
Steamed Mixed Vegetables
Chilled Mixed Fruit
Chilled Fruit Choice (HS)
WG Roll
Milk Choice

8

Corn Dog
Savory Onion Rings
Baked Beans / Satsumas
Fresh Fruit Choice (HS)
Graham Crackers
Milk Choice
Optional: Mini Corn Dogs

11

Chicken/ Pork/ Sausage Jambalaya
White Beans
Seasoned Greens
Chilled Cantaloupe
Chilled Pears (HS)
WG Roll
Milk Choice

12

Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape
Apple (HS)
Graham Crackers
Milk Choice

13

Pork or Turkey Roast w Gravy
Rice Dressing
Seasoned Peas
Sweet Potatoes
Chilled Mixed Fruit
Fresh Fruit Choice (HS)/ WG Roll
Thanksgiving Cake/ Milk Choice

14

Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Fresh Fruit Choice
Chilled Peaches
WG Bread Stick
Milk Choice

15

Hamburger or Ham w Cheese
WG Bun
Lettuce /Tomato/ Pickle
Potato Rounds/Carrot Sticks w dip
Chilled Fresh Apple Half
Pears(HS) Cookie
Milk Choice

18

Christmas
Holiday

19

Christmas
Holiday

20

Christmas
Holiday

21

Christmas
Holiday

22

Christmas
Holiday

25

Christmas
Holiday

26

Christmas
Holiday

27

Christmas
Holiday

28

Christmas
Holiday

29

Christmas
Holiday

Menus are subject to change

High Schools daily choices include parfaits, personal pan pizza, salad choice and sandwiches



PAY FOR MEALS ONLINE
MySchoolBucks.com