



AllPoints
EAP & Organizational Services

434-845-1246

For Central VA Area

800-645-1246

Outside Central VA Area

Monday - Thursday

8:30am to 7:00pm EST

Friday

8:30am to 5:00pm EST

IN THE EVENT OF AN EMERGENCY

24-hour assistance is available at any of
the above numbers.

Se habla español.

EAP Works • People Works • Fit to Work
2250 Murrell Road, Suite B5 | Lynchburg, VA 24501

www.allpointseap.org

AllPoints
EAP & Organizational Services




Everyday, many of us face personal concerns that make it difficult to focus at work. These concerns, if left unresolved, can affect our workplace performance and even our future career goals.





The Employee Assistance Program is designed to help you and your family with any of the personal concerns you are facing.


Professional consultation is available in person and by phone. All Points consultants have at least a Master's degree in counseling, social work, or a related field. Call us for an appointment or for more information regarding services. Your questions are welcomed.

 **ALL POINTS BRIEF ASSISTANCE OR REFERRAL...**
Services start with an assessment to get to know you and your concerns, and then a plan of action is created to assist in problem resolution. Some issues can be resolved at All Points with short-term assistance. If resolution is best accomplished outside of All Points, referrals will be made to appropriate community resources. All referrals are completed while considering your health insurance and/or your ability to pay.

 **ALL POINTS IS AT NO COST TO YOU...**
All Points services are prepaid by your employer. There is no cost to you or your immediate family.

 **EAP IS CONFIDENTIAL...**
EAP is a confidential service and no information will be given to any outside source without your permission, except as required or permitted by law. You can discuss any questions you have about your confidentiality by calling All Points or by speaking directly with a consultant.

-  **ALL POINTS WILL HELP YOU WITH...**
- | | |
|-------------------------------------|--------------------------------------|
| • Marital and Relationship Problems | • Stress Related to Medical Problems |
| • Family and Parenting Issues | • Alcohol and Drug Abuse |
| • Depression | • Financial Strain |
| • Grief and Loss | • Legal Stressors |
| • Anxiety and Stress | • Job Stress and Career Concerns |

 **ALL POINTS KNOWS THE WORKPLACE...**
All Points professionals are experts in addressing workplace issues. If you have job concerns, our knowledge of the workplace and of employment issues in general can provide you with helpful insights and a fresh perspective.